



Special Recreation

SWIM TEAM PRACTICE

Work on your swimming techniques and improve your speed and endurance for competitive and recreational meets. The pool and locker room are wheelchair accessible. Staff is available to assist in the locker room prior to the class. No class Sept. 28. 847/448-8044.

Location: McGaw YMCA

Age Level: 8 and older

Fee: \$85 R/\$97 NR Length: 9 sessions

Class #	Dates	Day	Time
835805A9	Sept 21-Nov 23	M	8:45-9:30pm

FITNESS

Start your weekend with more energy and flexibility. This one-hour class will take you from stretches and warm ups to some adaptive low impact aerobics to a relaxing cool-down. See our fitness and bowling combo for even more fun! 847/448-8044.

Location: Robert Crown Community Center

Age Level: All Ages

Fee: \$72 R/\$80 NR Length: 9 sessions

Class #	Dates	Day	Time
835806A9	Sept 26-Nov 21	Sa	10:30-11:30am

BOWLING

Get ready to roll! Basic to advanced bowling skills are practiced in this recreational bowling program. Refine your lane approach and delivery while socializing with others. Game and shoe rental fees as well as transportation (to and from Robert Crown Center) will be provided. 847/448-8044.

Location: Brunswick Lanes, Northbrook

Age Level: All ages

Fee: \$117 R/\$125 NR Length: 9 sessions

Class #	Dates	Days	Time
835004A9	Sept 26-Nov 21	Sa	Noon-2:30pm

FITNESS AND BOWLING COMBO

Sign up for both classes and save! This is our "keep in good health" combo. Join us in the morning for fitness training, then change your clothes and grab a bite to eat. Be sure to bring your own lunch or bring money for snacks from the vending machines. Transportation to the bowling alley will be provided to and from Robert Crown Center. 847/448-8044.

Location: Robert Crown Community Center

Age Level: All Ages

Fee: \$160 R/\$170 NR Length: 9 sessions

Class #	Dates	Day	Time
835807A9	Sept 26-Nov 21	Sa	10:30am-2:30pm

The City of Evanston's Special Recreation Program provides recreational programs for adults and children with special needs. Programs emphasize individual development in a wide range of leisure areas including sports, culture, social, after-school and special events. Take a look at our great offerings and join us for a class or special event!

SECTIONAL BOWLING MEET

It's time to put those bowling skills to the test at the regional Special Olympics bowling meet. To participate in this meet, you must have received a gold medal at the area bowling meet in July 2009. For details, call the Special Recreation office at 847/448-8044.

Location: Stardust Bowl, Addison

Age Level: 8 and older

Fee: \$25 R/\$30 NR Length: 1 session

Class #	Date	Day	Time
835808A9	Oct 18	Su	7:30am-2pm

DISTRICT BOCCE MEET

It's time to put those skills from the summer to the test at the District Special Olympics Bocce meet. To participate in this meet, you must have participated in the Special Recreation bocce program during the summer. For details, call the Special Recreation office at 847/448-8044.

Location: Grant Park, Northlake

Age Level: 8 and older

Fee: \$25 R/\$30 NR Length: 1 session

Class #	Date	Day	Time
835001A9	Sept 19	Sa	7:30am-2pm

RECREATIONAL SWIM

Splash into shape! Our recreational swim program is tailored to your ability. The emphasis is on increasing flexibility, muscle tone, and range of motion while you have fun and learn a new leisure skill. Pool and locker rooms are wheelchair accessible. Locker room assistance can be provided. No class Sept. 28. For further information, call the Special Recreation office at 847/448-8044.

Location: McGaw YMCA

Age Level: All ages

Fee: \$85 R/\$97 NR Length: 9 sessions

Class #	Dates	Day	Time
835810A9	Sept 21-Nov 23	M	8-8:45pm

BASKETBALL

It's time to start working on your skills to get ready for Special Olympics competition. Depending on enrollment size, we may split the group into two practice squads for more specialized training. For further details, call the Special Recreation office at 847/448-8044.

Location: Levy Senior Center

Age Level: 8 and older

Fee: \$40 R/\$45 NR Length: 8 sessions

Class #	Dates	Day	Time
835811A9	Sept 24-Nov 19	Th	7:30-9pm

ICE-SKATING

Back by popular demand, Special Recreation will be running an ice-skating program on Saturday afternoons. Beginners will learn the basics of skating and those who have experience will learn new skills. This program will be used to prepare skaters for competition in the Winter Special Olympics Games. For further details, call the Special Recreation office at 847/448-8044.

Location: Robert Crown Center

Age Level: 8 and older

Fee: \$40 R/\$45 NR Length: 8 sessions

Class#	Dates	Day	Time
835801A9	Oct. 3-Nov. 21	Sa	3-4pm

New!

SNOW SHOEING

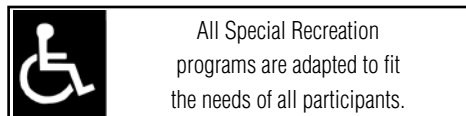
For those of you who don't want to wait for track to begin in January, this is the sport for you! Training for this sport can be done on grass as well as on snow. You will be using many of the same skills and practice methods. Individuals who attend this class will be eligible to participate in the Special Olympics District snow shoeing meet. 847/448-8044.

Location: Ingraham Park (behind the Civic Center, 2100 Ridge Ave.)

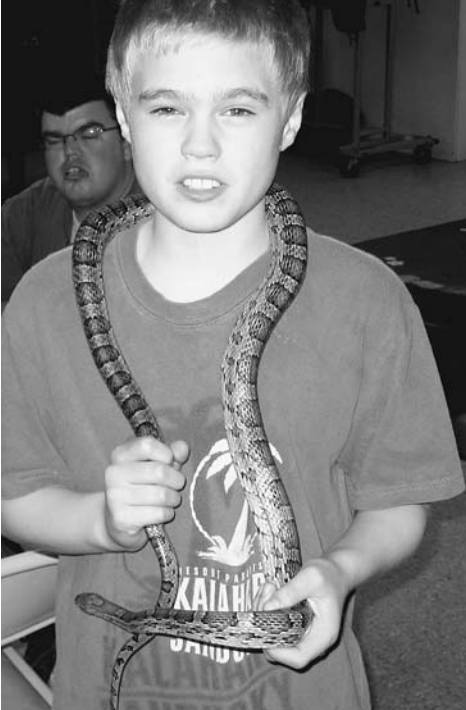
Age Level: 8 and older

Fee: \$70 R/\$85 NR Length: 9 sessions

Class #	Dates	Day	Time
835802A9	Sept 22-Nov 17	Tu	6:30-7:30pm



Special Recreation After School



The Fall Ecology class introduces participants to "critters" and outdoor activities.

ART OF MUSIC

This popular after-school program explores the arts through art and movement and music. We'll show off our creative side with artistic expression and creative movement. Transportation to the program for students from School District #65 can be arranged through the school district. No class Sept. 28. 847/448-8044.

Location: Robert Crown Community Center
Age Level: All ages
Fee: \$80 R/\$85 NR Length: 9 sessions

Class #	Dates	Day	Time
835108A9	Sept 21-Nov 23	M	3:30-5pm

I'VE GOT RHYTHM

Get some quality music time after school with this terrific music class taught by a music therapist from the Institute of Therapy Through the Arts. This program offers participants the opportunity to learn to play musical instruments and expand their musical skills, as well as improve motor language and social skills in a group setting. For details, call the Special Recreation office at 847/448-8044.

Location: Park School
Age Level: All ages
Fee: \$70 R/\$77 NR Length: 7 sessions

Class #	Dates	Day	Time
835105A9	Sept 22-Nov 17	Tu	3:30-5pm

FALL ECOLOGY

We are going to spend another fall session enjoying the wonders of nature at the Ecology Center. There will be indoor and outdoor activities to get a little closer to nature. No class Oct. 7. For details, call the Special Recreation office at 847/448-8044.

Location: Ecology Center, 2024 McCormick Blvd.
Age Level: All ages
Fee: \$70 R/\$77 NR Length: 8 sessions

Class #	Dates	Day	Time
835106A9	Sept 23-Nov 18	W	3:30-5pm

AFTER-SCHOOL SWIM

Join us for an hour of fun in the pool! Our after-school swim program is back this fall to cater to your own specific swim level. Enrollment space is limited, so be sure to sign up early. Assistance in the locker room is provided. Transportation for students attending District #65 schools can be arranged by contacting the school district. For further information, call the Special Recreation office at 847/448-8044.

Location: McGaw YMCA
Age Level: All ages
Fee: \$95 R/\$105 NR Length: 8 sessions

Class #	Dates	Day	Time
835809A9	Sept 24-Nov 19	Th	3:30-4:30pm

MIXIN' IN THE KITCHEN

Do you like to bake or cook? If so, join your friends from Special Recreation for the return of the after-school cooking program. Everyone will lend a hand in preparing food for everyone in the group to share. Transportation to the program for students from District #65 can be arranged through the school district. For details, call the Special Recreation office at 847/448-8044.

Location: Robert Crown Community Center
Age Level: All ages
Fee: \$80 R/\$85 NR Length: 8 sessions

Class #	Dates	Day	Time
835107A9	Sept 25-Nov 20	F	3:30-5pm

Scholarships are available to qualified Evanston residents for Evanston Recreation Division classes.

Location: Robert Crown Community Center
Age Level: All ages
Fee: \$80 R/\$85 NR Length: 8 sessions

Special Rec. Events/Trips

WILDCAT FOOTBALL

Come cheer on our hometown Big Ten team as they play against Eastern Michigan University. Transportation to and from the game is available from Robert Crown Center. Be sure to bring spending money for food and souvenirs. Be advised that at press time, the game time had not been set. **Registration deadline: Sept. 4.** For further details, please call the Special Recreation office at 847/448-8044.

Location: Ryan Field
Age Level: All ages
Fee: \$15 R/\$18 NR Length: 1 session

Class #	Date	Day	Time
835005A9	Sept 12	Sa	10am-3pm

FALL COLORS TOUR

Join your Special Recreation friends as we head to the Chicago Botanic Garden in time to see the various trees and plants competing for the brightest, most colorful display. There will be plenty of sights to see among the various gardens and greenhouses. Be sure to bring spending money for lunch. Transportation will be provided to and from Robert Crown Center. **Registration deadline: Sept. 25.** For further details, please call the Special Recreation office at 847/448-8044.

Location: Chicago Botanic Garden, Glencoe
Age Level: All ages
Fee: \$12 R/\$15 NR Length: 1 session

Class #	Date	Day	Time
835003A9	Oct 11	Su	11am-3pm

PUMPKIN HUNT

Join your Special Recreation friends as we hunt for the Great Pumpkin just in time for Halloween. There will be plenty to do, including visiting the petting zoo, listening to musical entertainment, going on rides, and seeing a haunted house. Be sure to bring spending money for lunch. Transportation will be provided to and from Robert Crown Center. **Registration deadline: Oct. 9.** 847/448-8044.

Location: Goebbert's Pumpkin Patch, South Barrington
Age Level: All ages
Fee: \$12 R/\$15 NR Length: 1 session

Class #	Date	Day	Time
835007A9	Oct 25	Su	11am-3:30pm