

Save the Date

Plan Ahead: Navigating Choices for End-of-Life Care

Thursday, October 11, 2018, 1–3pm

Levy Senior Center, 300 Dodge Ave., Evanston



Presented by Loretta Downs, M.A., C.S.A.

Loretta Downs is an internationally-recognized inspirational speaker, consultant, and writer on the subject of preparing for and supporting end-of-life care with comfort and dignity.

Ms. Downs earned a Master's Degree in Gerontology from Concordia University Chicago. She is a Certified Senior Advisor, a member of the Advocate Illinois Masonic Medical Center Ethics Committee, past President of the Chicago End-of-Life Coalition, and Founder of Chrysalis End-of-Life Inspirations.

Get answers to these questions and many others:

- What is Advance Care Planning?
- Is it too early to start thinking about end-of-life care?
- What are my choices?
- How do I make sure my preferences are honored, even if I am unable to express them or have dementia?
- How do I talk to my loved ones about my preferences?



Learn about the steps of Advance Care Planning and the increasing number of choices available in end-of-life care and treatment, including Advance Directives, Palliative and Hospice Care.



Sponsored by: Center for Disability and Edler Law (CDEL), City of Evanston, Commission on Aging, CJE SeniorLife, Foster Senior Club, Levy Center Foundation, North Shore Senior Center, North Shore Village, Services for Adults Staying in Their Homes (SASI), isiting Angels.

Enjoy refreshments and door prizes donated by our generous sponsors!