To: Mental Health Board

From: Jessica Wingader, Grants and Compliance Specialist

Subject: January 11, 2018 MHB Meeting Cover Memo

Date: January 11, 2018

Attached please find:

- The meeting agenda
- Item 1: 2018 MHB Liaison Assignments
- Item 2: MHB Bylaws outlining Liaison Guidelines
- Item 3: Memo Health and Human Services Goals for 2018
- Item 4: City Council 2018 Goals

We look forward to seeing you on January 11th.
AGENDA

I. CALL TO ORDER/DECLARATION OF QUORUM

II. REPORT FROM BOARD CHAIR NOMINATING COMMITTEE (FOR ACTION)

III. ASSIGNMENT OF 2018 LIAISON RELATIONSHIPS

IV. REVIEW OF GUIDELINES FOR LIAISON RELATIONSHIPS

V. PUBLIC COMMENT

VI. STAFF REPORT

VII. CHAIR REPORT

VIII. ADJOURNMENT

The next regular meeting of the Mental Health Board is scheduled for **7:00 p.m. Thursday, February 8, 2017 in room 2402** of the Lorraine H. Morton Civic Center.
<table>
<thead>
<tr>
<th>Agency/Program</th>
<th>MHB Member</th>
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<tbody>
<tr>
<td>Center for Independent Futures - Supporting Individuals with Disabilities</td>
<td>Jessica Sales</td>
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<tr>
<td>Childcare Network of Evanston - Early Childhood</td>
<td>Mike Pierce</td>
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<tr>
<td>Childcare Network of Evanston - Learning Together</td>
<td>Mike Pierce</td>
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<td>Connections for the Homeless, Inc. - EntryPoint</td>
<td>Sandi Johnson</td>
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<td>Family Focus, Inc. - Afterschool Program</td>
<td>Becky Feiler</td>
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<td>Impact Behavioral Health Partners</td>
<td>Becky Feiler</td>
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<td>Infant Welfare Society of Evanston - Teen Baby Nursery</td>
<td>Irene Ziaya</td>
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<td>James B. Moran Center</td>
<td>Mike Pierce</td>
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<td>Learning Bridge - Infant Toddler Program</td>
<td>Irene Ziaya</td>
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<td>Learning Bridge - Scholarship Program</td>
<td>Irene Ziaya</td>
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<td>Meals at Home - Home Delivered Meals to Adults at</td>
<td>Larry Murphy</td>
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<td>Metropolitan Family Services - Family Support and Prevention Program</td>
<td>Becky Feiler</td>
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<td>North Shore Senior Center - Social Services for Seniors and their Families</td>
<td>Jessica Sales</td>
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<td>North Shore Senior Center - PEARLS CareOptions</td>
<td>Jessica Sales</td>
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<td>Northwest Center Against Sexual Assault - Sexual Assault Intervention Program</td>
<td>Karin Ruetzel</td>
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<td>PEER Services - Substance Abuse Treatment Programs</td>
<td>Irene Ziaya</td>
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<td>Shore Community Services, Inc. - Lois Lloyd Center</td>
<td>Larry Murphy</td>
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<td>Shore Community Services - Residential Services</td>
<td>Larry Murphy</td>
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<td>Trilogy Behavioral Healthcare - Evanston Mental Health</td>
<td>Sandi Johnson</td>
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<td>Turning Point - Open Access Program</td>
<td>Karin Ruetzel</td>
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<tr>
<td>Youth &amp; Opportunity United (Y.O.U.) - Youth and Family Services</td>
<td>Jessica Sales</td>
</tr>
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B. The Chairperson shall preside at all meetings of the Board. The Vice-Chairperson shall preside in the Chairperson’s absence.

C. The Chairperson shall be responsible for calling meetings of the Board pursuant to the Open Meetings Act and for assuring an agenda for each meeting.

D. The Chairperson may appoint committees to consist of two members for specific tasks.

Section 5. Board-Agency Liaison Guidelines

A Liaison will be appointed by the Chair from the Board to each funded program. The Board members’ goal will be to provide information about agency/program activities and the following guidelines will pertain to this relationship:

A. The liaison will serve no more than one consecutive year with a single agency.

B. Liaison responsibilities and duties:

1. Developing a working knowledge of agency programs so that they can be articulated at Board meetings. Regularly and consistently, apprising the Board about program trends, significant changes or new issues for the agency; and

2. Reviewing the agency’s published materials for relevant information to share with the Board; and

3. Making a minimum of one site-visit annually to the agency and maintaining at least quarterly contact with the agency.

C. At the annual transition to a new liaison, the current liaison will communicate with the new liaison about the background and issues with which the agency is dealing.

ARTICLE V

Meetings

Section 1. Regular and Special Meetings

A. Regular meetings will be held on the second Thursday of each month at 7:00 P.M. in the Civic Center, 2100 Ridge Avenue, unless such day is deemed a legal holiday observed by the City or another conflict exists, in which case the regular meeting will be held at such other time as the Board may decide.

B. Special meetings may be held upon the request of the members of the Board.
Memorandum

To: The Mental Health Board Chair, Mental Health Board Committee members
   Jessica Wingader, Grants and Compliance Specialist – Public Services
   Community Development

From: Evonda Thomas-Smith, Director, Health and Human Services
      Geneva Porter, Interim Assistant Director, Health and Human Services

Subject: Health and Human Services Goals for 2018

Date: January 10, 2018

Overview:

In response to the request of the Mental Health Board, this document reflects the goals of the Health and Human Services Department for 2018, as well as provides an update on 2017 goal status. The document also reflects the City Council Goals for 2018, as well as the Evanston Project Local Assessment of Need (EPLAN). The EPLAN is designed to prioritize top health needs so that public health resources can be directed most effectively toward health improvement. The EPLAN process is community-driven, although coordinated by the Health and Human Services Department. It directly involves community members, health professionals, academics, and community key informants who are knowledgeable and interested in the health of the entire community. The EPLAN dictates certain operations of the department.

Goals from 2017

1. Establish a system of providing a more effective and proactive approach towards property maintenance code enforcement inspections to be achieved by incorporating education, best practices and the collaboration of other Departments such as the Police.
   Status: Completed

2. Establish a comprehensive approach to address all forms of violence.
   Status: Ongoing
   New integration of the Victim Services Program (Social Services of the Police Department) into the Division of Human Services, establishing a response to trauma using a Trauma Informed Approach for violence interruption.
3. Make it easy for people to improve health and well-being through healthy eating and active living.  
**Status: Completed**  
The Evanston Health & Human Services Department hosted people of all ages and fitness levels to participate in the 10th anniversary of the We’re Out Walking program (formerly Women Out Walking), a 12-week campaign promoting health, wellness, community and physical activity. Participants will be provided with tools to help them take steps to get healthy. The program includes a group walk, fitness demonstrations, local vendors, guest speakers, and participants will also be introduced to a variety of activities that promote health awareness and healthy lifestyles.

4. Establish cross-cutting strategies to conduct Health and Human Services operations through the lens of health equity.  
**Status: Ongoing**  
Several internal trainings have been conducted and attempts remain to establish a method to collect data to establish priorities.

5. Purchase new software aimed at improving rental inspections in both frequency and transparency.  
**Status: Completed**  
New Software purchased and will be utilized for Rental Registration, launch date first quarter of the 2018 year.

6. Increase shelter payments to stabilize housing complementing the market values for rental assistance in the General Assistance Program.  
**Status: Completed**

**Goals for Health And Human Services 2018 Initiatives**
- Advance Health Equity by engaging new allies in the Health Equity Movement through policy, systems and environmental change.
- Develop a comprehensive Mental Health resource and referral guide to share with city departments and community Mental Health partners and continue to update annually.
- Work with the Evanston Mental Health Board and other community partners to develop a method for measuring ratio of Evanston population to Mental Health Providers.
- Partner with Presence St. Francis Hospital to offer quarterly Mental Health First Aid training to all city employees, seeking participation from all City of Evanston departments.
- Hold 3 community educational seminars on hoarding and create an Evanston hoarding support group, holding regular meetings for Evanston residents.
- Expand Women Out Walking to We’re Out Walking (including men and women) and increase program participation by 50% from 2016 baseline of 514 participants.
- Integrate the Victim Services Program (Social Services of the Police Department) into the Division of Human Services, establishing a response to trauma using a Trauma Informed Approach for violence interruption.
• Strengthen capacity to dismantle structural racism and oppression for marginalized populations
• Incorporate a bicycling curriculum into all Evanston District 65 Elementary and Middle Schools and work with the Evanston Police Department to hold 2 targeted enforcement campaigns per year at intersections.
• Expand the Rethink Your Drink Campaign by conducting the “Sugar Show” for all city staff, 10 Evanston businesses, and 10 nonprofit organizations.
• Create a tool to screen for early violence exposure and establish baseline information for youth exposure to violence and trauma.

**Goals from the Evanston Project of Need-Plan years 2016-2021**

Mental health is one of the 3 major E-PLAN health issues (along with violence and obesity), with the ongoing related goal as follows:

*By 2021, decrease the percentage of residents (10%) reporting a time during the past 12 months when mental health treatment or counseling was needed but not received, as reported in the Evanston Community Health Survey.*

The impact objectives to meet the above goals include:

1. Develop a comprehensive Mental Health resource and referral guide to share with city departments and community Mental Health partners and continue to update annually.
2. Develop a structured multidisciplinary Hoarding Taskforce and increase effectiveness through holding quarterly meetings.
3. Work with the Evanston Mental Health Board and other community partners to develop a method for tracking the wait times for the 5 largest mental health and substance abuse treatment programs and services.
4. Partner with Presence St. Francis Hospital to offer quarterly Mental Health First Aid training to all city employees, seeking participation from all City of Evanston departments.
5. Hold 3 community educational seminars on hoarding and create an Evanston hoarding support group, holding regular meetings for Evanston residents.

**Goals for the 2018 City Council for the Organization 2018:**

• Invest in City Infrastructure and Facilities
• Enhance Community Development and Job Creation Citywide
• Expand Affordable Housing Options
• Further Police/Community Relations Initiatives
• Ensure Equity in All City Operations
• Stabilize Long-term City Finances
2018 City Council Goals

- Invest in City Infrastructure and Facilities
- Enhance Community Development and Job Creation Citywide
- Expand Affordable Housing Options
- Further Police/Community Relations Initiatives
- Ensure Equity in All City Operations
- Stabilize Long-term City Finances

Mission Statement
The City of Evanston is committed to promoting the highest quality of life for all residents by providing fiscally sound, responsive municipal services and delivering those services equitably, professionally, and with the highest degree of integrity.

Vision Statement
Creating the Most Livable City in America

Organizational Values
- Excellent Customer Service
- Continuous Improvement
- Integrity
- Accountability