

# City of Evanston Office of Emergency Preparedness

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## Vehicle Disaster Kit

A vehicle disaster kit is meant to be portable and sustain the individual for up to 3 days. It is meant to allow occupants of the vehicle to survive if the vehicle becomes stuck in a storm or to take with them if the occupants must abandon the vehicle on foot.

A vehicle disaster kit should be in a duffle bag or backpack. A vehicle kit should contain at a minimum:

- A blanket (mylar emergency blankets are the best solution, they are small, lightweight and inexpensive, you can easily have at least one mylar emergency blanket for each potential passenger in the vehicle).
- A pair of comfortable closed toe shoes for walking (in case you need to abandon the vehicle on foot and wearing inappropriate footwear)
- A flashlight
- Over the counter analgesics (e.g. Motrin, Ibuprofen, etc.)
- Small individual first aid kit or supplies (e.g. adhesive bandages, antiseptic wipes, etc.)
- 3 days' worth of food and water (US Coast Guard approved emergency rations are a perfect solution for this, they are small and have up to a 5 year shelf life)
- Writing paper along with pens or pencils

Don't wait, start to put a kit together today!

## Vehicle Disaster Kit

NOTE: If you are stuck in a storm, it is best to remain with the vehicle until help arrives; attempting to leave the vehicle in a storm is dangerous and should only be a last resort.