SEED: Support & Education for Early Dementia Program

Join us for an 8-week group for individuals with Alzheimer's disease or related disorders and their families. Group sessions will provide:

- Education and resources from professionals
- Coping strategies
- Discussion
- Emotional support

Fall and Spring Sessions Offered

WEEK #1
Welcome and Introductions

WEEK #2
The Basics of Dementia

WEEK #3
Coping with Changes: Practical and Functional Interventions

WEEK #4
Coping with Changes: Maintaining Your Relationships and Disclosing the Diagnosis with Others

WEEK #5
Coping with Changes: Supportive Community Resources & Interventions

WEEK #6
Research Update and Opportunities

WEEK #7
Legal & Financial Considerations

WEEK #8
Life After SEED: Creative & Supportive Interventions and Q &A with Families Living with a Diagnosis

[Schedule is subject to change.]

INTERVIEW REQUIRED TO PARTICIPATE

There is a $150 charge per person for the program (Scholarships are available)
Discount parking will be provided.
Please contact facilitators with any questions:

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